

PEAK HARVEST MONTHS FOR
TEXAS PRODUCE



JANUARY

APPLES

ORANGES

BROCCOLI

CABBAGE

CARROTS

TANGERINES

CAULIFLOWER

SPINACH

LETTUCE

GRAPEFRUIT

FEBRUARY

BROCCOLI



CABBAGE

APPLES

ORANGES

TANGERINES

CARROTS

SPINACH

LETTUCE

GRAPEFRUIT

MARCH

BROCCOLI

CABBAGE

CARROTS

SPINACH

ORANGES

GRAPEFRUIT



APRIL



CARROTS

STRAWBERRIES

ORANGES

ONIONS

MAY

TOMATOES

CUCUMBERS

CANTALOUPE

STRAWBERRIES

SWEET CORN

ONIONS



JUNE



CANTALOUPE

GREEN PEPPERS

SWEET CORN

WATERMELONS

CUCUMBERS

PEACHES

TOMATOES

HONEYDEW MELONS

ONIONS

JULY

CANTALOUPE

CUCUMBERS

WATERMELONS

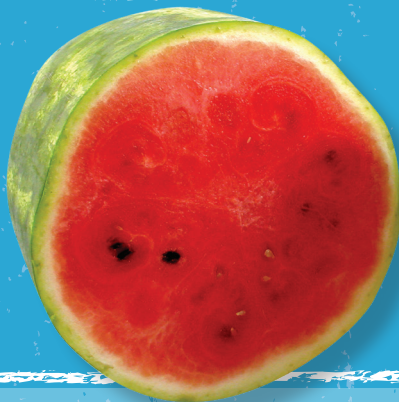
ONIONS

PEACHES

PEANUTS



AUGUST



CANTALOUPE

WATERMELONS

ONIONS

PEANUTS

SEPTEMBER

CARROTS

SWEET POTATOES

WATERMELONS

PEANUTS



OCTOBER



CARROTS
CUCUMBERS
LETTUCE

AVOCADOS
PECANS
PEANUTS
SWEET POTATOES

NOVEMBER

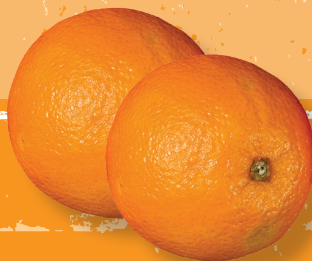
CARROTS
CUCUMBERS
GREEN PEPPERS
TOMATOES

PECANS
AVOCADOS
PEANUTS



DECEMBER

SPINACH
CABBAGE
CAULIFLOWER
CUCUMBERS
GREEN PEPPERS



TOMATOES
PEANUTS
ORANGES

LETTUCE
GRAPEFRUIT
PECANS
APPLES
TANGERINES



For more information, visit www.SquareMeals.org or call (877) TEX-MEAL.



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
Child and Adult Care Food Program

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